



Florence Gans
Healing Touch
EFT, Life Coach

Pathways to pain free living

FLORENCE GANS LIFE EXPERIENCE PORTFOLIO

SKILL SET SUMMARY

- **Personality Attributes:** Passionate about helping others; Insatiable quest for new knowledge to help people help themselves; Zest for life; Deep respect for the sacredness of life; Contagious enthusiasm; Huge laugh; Walk my talk.
- **Coaching Experience:** Had own coaching practice since 2001.
- **Working with Groups:** Twenty-five years experience being a team leader, chief programmer, project manager, moderator, facilitator and trainer.
- **Health Care Consciousness:** Passionate about good health; Have own Healing Touch practice; Certified Healing Touch Practitioner; Healing Touch for Animals Practitioner.

COACHING EXPERIENCE

- 08/01 to present** Have personal coach of my own.
- 04/01 to present** Maintained international coaching practice since April 2001. Clients have included entrepreneurs, high tech and restaurant managers, lawyers, authors, accountants, and other professional coaches.
- 5/04** Speaker at 2004 "Taking Charge of Your Life" Conference
- 4/04** Speaker at 2004 Southeast Regional ICF Conference
- 2002** Featured member spotlight Wake County Women Business Owner's Network <http://www.wakecountywbon.org/memberspotlightGans.htm>
- 2001** Vice President of NC Association of Business and Professional Coaches (NCAPBC) (www.nccoaches.com). Took organization from random meetings with scant attendance to solid programs with attendance of 40-45 coaches per meeting.
- 01/01** Created PathMakers, Inc. S-Corporation for my coaching business

Coaching Conferences attended: ICF Southeast Regional February 2001; ICF International in Chicago August 2001; ICF Southeast Regional April 2002; ICF International in Atlanta October 2002; ICF Southeast Regional April 2004

Memberships Maintained: International Coach Federation (ICF) since 02/01; Coachville since 04/01; Wake County Women Business Owner's Network member since 04/01; NCAPBC since 2001



Florence Gans
Healing Touch
EFT, Life Coach

Pathways to pain free living

WORKING WITH GROUPS

Twenty-five years of experience working with groups as a Software Engineer with three companies on 14 major software projects in the following roles:

- Team Leader, Chief Programmer, and Project Manager on seven major software projects (6 years).
- Software Development Process Coordinator and Methodology Consultant (9 years).
- Trainer and Follow-Up Facilitator for dozens of Software Defect Prevention Process classes in three countries (7 years).

Awards: During 21 years with IBM received 22 Excellence, Management Appreciation, and other corporate awards between the years of 1984 and 1999.

HEALTH CARE CONSCIOUSNESS

04/03 to present Had private Healing Touch (HT) practice for humans, horses, cats and dogs

1990 to present Avid Andrew Weil and Deepak Chopra fan and follower.

5/05 Speaker "Introduction to Animal Energy" at Second Chance.

10/04 Became a **Certified Healing Touch Practitioner** (CHTP) by completing all five levels of the Healing Touch curriculum and the certification process.

4/04 Became a **Healing Touch for Animals Practitioner** by completing all four levels of the Healing Touch for Animals curriculum.

2/04 Watched 4 knee replacement and one broken femur surgeries. (Self education for several of my arthritis HT clients.)

2003 Took the "Experiential Anatomy and Physiology for Healers" course in May and December (<http://www.anatomyforhealers.com/>).

1997-2000 Assisted Mother in caring for bed ridden Grandmother at home.

Healing Related Conferences Attended: University of North Carolina at Chapel Hill School of Medicine's "Improving Outcomes Through Integrative Practice" conference March 2005; Mastering Emotional Freedom Techniques for Serious Disease February, 2005; Healing Touch Mid-Atlantic Regional Conference November, 2004; Healing Touch International's "Healing Touch Around the World" Conference May, 2004; Duke Center for Integrative Medicine's "Women, Wellness, and the Transformation of Health Care" conference October, 2002.

Memberships Maintained: Healing Touch International (HTI) since 02/03; Cary Healing Touch Exchange since 02/03; Healing Touch Anatomy and Physiology Practice Group since 01/04; Heal the Healers Group since 02/04; Integrated Healing Care since 2002.

PathMakers, Inc.

PathMakersInc@BellSouth.net
www.PathMakersInc.com

(919) 847-0164



Florence Gans
Healing Touch
EFT, Life Coach

Pathways to pain free living

PROFESSIONAL ACHIEVEMENTS FROM 21 YEARS WITH IBM

IBM Corporate Achievements:

- Technical consultant to IBM LN CoC on development problems using Domino/Lotus Notes resulting in IBM Corporate License for Ives TeamStudio (12/97-12/98);
- Team Lead for start-up of Integrated Test Tool for Malcolm Kilmer organization which is now adopted by corporate (9/97-1/98);
- Team Lead IBM DPP CoC (96-2/98); DPP methodology adopted by software organizations across IBM (88-93); NCP received IBM site, division, and sustained quality awards in 1984, 1986, 1987, 1988, & 1989;
- Review tool adopted by Information Development across Raleigh Programming Lab (91-92);
- **Guest Speaker:**
 - RTP Lotus Notes User's Group:
 - "Accessing DB2 from Domino using NotesPump & MQSeries", Spring 1999, RTP;
 - Product Updates on Using Ives TeamStudio with Domino, Winter 1999, RTP;
 - Using Ives TeamStudio with Lotus Notes, Spring 1998, RTP;
 - TISQA (Triange Information Systems Quality Association), "IBM Defect Prevention Process", Winter 1999, RTP;
 - SPIN (Software Process Improvement Network), "IBM Defect Prevention Process", Fall 1994;
 - IBM Worldwide Software Development Conference on Quality and Process Improvements, "Using REVIEW at CPL", Spring 1991, WestLake, TX;
- **Published:** "Accessing DB2 Data with Domino", April 1999; "Deploying Domino Web Applications in a Secure Environment", 1998.

EDUCATION

- Countless workshops including: Meridians, Sound Therapy, Essential Oils, Crystals, Reflexology, Shamanism, Energy Medicine -2002 through present.
- Completed Healing Touch International (HTI) (<http://www.healingtouch.net>) certification process October 2004.
- Completed Healing Touch for Animals (HTA) (<http://www.healingtouchforanimals.com>) training April 2004.
- Completed Coaches Training Institute (CTI) (<http://www.thecoaches.com/>) September 2001.
- **BS (Computer Science)** - North Carolina State University, Raleigh, NC - 1981
75% self-financed college degree through work and scholarships. Dean's List Spring Semester 1978.